

WHEN TO RETURN FOR A FOLLOW UP VISIT WITH YOUR SLEEP SPECIALIST

Once you have used your CPAP equipment for a month, your sleep specialist wants you to make a follow-up appointment for the CPAP Clinic at 901-861-9001. After this follow-up the sleep specialist will want you to return on an annual basis for CPAP Clinic in the BMH Sleep Disorders Center.

Please call the Sleep Disorders Center for any of the following:

1. You begin to have problems with congestive sinus infections, nosebleeds, or other nasal discomfort.
2. You gain/lose 20 pounds or more.
3. Your CPAP pressure seems either too high for you to tolerate or too low that you are not getting enough air.
4. Your original complaints and symptoms return, especially with snoring while on CPAP or increased daytime fatigue / sleepiness.
5. You need supplies for your equipment.
6. You have a “new” diagnosis of Atrial Fibrillation, Congestive Heart Failure (CHF), Lung Surgery, Stroke or poorly controlled Hypertension (HTN).
7. You are unhappy about your particular treatment and wish to discuss treatment options. This will require a follow-up office visit with the sleep specialist. Call 850-1170 to make a follow-up appointment.

Please call the DME company that supplied your CPAP equipment if you have questions regarding the following:

1. You have questions regarding your bill for the positive airway equipment.
2. You are having technical problems with your positive airway equipment.